



Stockholm

August 8-11

Basics

Krona (SEK)

1 kron = 10 cents

10 kroa = 1 dollar

Hello

Hej (Hey)

Thank you

Tack (Tock)

Goodbye

Hej då (Hey daw)

.Public Transit (SL - Storstockholms Lokaltrafik)

- Single fare: 43 SEK (\$4.50) — valid 75 minutes
- 24-hour pass: 180 SEK (\$18.50)
- 72-hour pass: 360 SEK (~\$37)

How to buy: SL App (easiest), contactless tap

(Visa/Mastercard/Amex) at gates, ticket machines at

Metro/commuter rail stations, or at Pressbyrån convenience stores



Tipping: Not expected, but appreciated. Sweden has high wages and service charges are typically included. Locals may round up the bill or leave small change for great service. 5–10% at nicer restaurants is a welcome gesture but never obligatory.

Lagom is the Swedish concept of "just the right amount" — modesty and balance are deeply valued; avoid showing off

Queuing is sacred — always take a number at pharmacies, bakeries, etc.

Swedes are generally reserved at first but very warm once you get to know them

Stockholm is extremely cashless — nearly every vendor accepts cards

My Must Dos



Fika!



Vasa Museum

- T - Centralen (blue lines)
- Stadion (rainbow arch)
- Solna Centrum (eerie forest)
- Kungsträdgården (Roman ruins)



Subway art tour 



Gamla stan



Ikea (and a drink at stora henriksvik)
Cocktail at Roda Huset (top 50)



Boat tour or ferry (Ferry to an archipelago)
\$4 for 75 minutes



Monteliusvägen along the top of Söder



Explore Södermalm (free ferry between Luma pier
in Hammarby Sjöstad and Barnängsbryggan on
Södermalm)



City museum: it's FREE and a fun way to learn
more about Swedish history, [@stadsmuseet](#) (20
min walk from airbnb)



Sauna!!



Cardamom bun from
Svedjan Bageri



Itinerary

Saturday, Aug 8

Arrive at 10:45am

Take the Flygbussarna and get a locker for bags

Ikea (15 min walk to Östermalmshallen (food hall))

3pm walking tour

Check into airbnb

Walk along Monteliusvägen along the top of Söder

Sunday, Aug 9 (*Södermalm day*)

9.00am - 10.45am - Mix sauna. (need to book ticket)

Stockholm City Museum

Hornstulls Marknad

Monday, Aug 10

Vasa Museum (10 am tour)

wooden streets Östra Varvsgatan and Breda Gatan

Ferry

Subway tour

Cocktail

Tuesday, Aug 11

Head to airport in the morning

Saturday, Aug 8

10:45am: Arrive, take Flygbussarna, and store bags at Stockholm Central.

Visit **IKEA City** in Gallerian.

Walk to **Östermalms Saluhall** for lunch and browsing. Look for Swedish meatballs, räkmacka, gravlax, or a cinnamon bun. Or Hötorgshallen (food hall) get a sandwich at Dubbla Deli

Walk toward Gustav Adolfs torg to tour meeting point.

3:00 pm Gamla Stan tour with Rainbow Tours. 

- meeting point is the Gustav Adolf Torg, in front of the opera.
- tour ends at Stortorget, near the Nobel museum

Get bags, travel to the Airbnb, check in, and rest.

Evening: Walk along **Monteliusvägen**, continuing toward Skinnarviksberget. best first-evening views over City Hall, Riddarholmen, and Gamla Stan.

Sunday, Aug 9

(Södermalm day)

9:00am to 10:45am: Mixed sauna

Shower, brunch, and a relaxed start near Hornstull.

Visit **Stockholm City Museum** at Slussen. It is free and gives you useful context for the city, Södermalm, and the neighborhoods you are exploring.

Explore **Hornstulls Marknad** for food trucks, vintage, art, second-hand goods, and local makers. (Take the red line from Slussen to Hornstull.)

Walk to **Stora Henriksvik** on Långholmen for **fika** and time in the garden setting.

Evening: Keep open for dinner in Södermalm. Good options include Urban Deli at Nytorget, Teatern food court, or a seasonal street-food market if one is operating. Thai Bågen Streetfood Marke

SoFo and Vitabergsparken. Add this only if you want more neighborhood wandering. SoFo has street art, independent shops, cafés, and the lively Nytorget area. Vitabergsparken adds hillside views and preserved workers' cottages, making it a strong off-the-beaten-path extension of your Södermalm day.

Monday, Aug 10

10 am Vasa Museum (Scandic Tours)

Meeting Point: Galärvarvsvägen 14, 115 21
(need to buy a ticket when i get there)

Wander through **Djurgårdsstaden**, including **Östra Varvsgatan** and **Breda Gatan**. These preserved wooden streets are right near the museum and Gröna Lund.

Walk to Rosendals Trädgård
for a garden fika or light lunch.

Fika!

Fika!

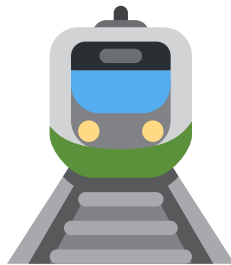
Fika!



Take the **scenic ferry** from Djurgården toward Slussen if the schedule works. Otherwise, use tram 7 back toward central Stockholm.

subway art tour:

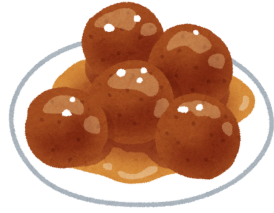
1. Kungsträdgården
2. T-Centralen
3. Stadion
4. Solna Centrum



Evening: Have a cocktail at Röda Huset near Sergels torg. Reserve ahead if possible, especially if you want the upstairs cocktail-bar experience.

Food

- ☐ **"Dagens rätt"** or "Dagens lunch"
- ☐ **husmanskost** homestyle cooking
- ☐ **köttbullar** Swedish meatballs
- ☐ **Stekt Torsk med Remouladsås:** fried cod
- ☐ **Panerad Torsk med Kall Sås** breaded cod served with a cold dill and pickle sauce
- ☐ **Pyttipanna:** potatoes, onions, chopped meat, an egg
- ☐ **Schnitzel:** breaded pork, served with boiled potatoes, lemon, capers, and anchovies.
- ☐ **Wallenbergare** is a veal patty with browned butter, raw stirred lingonberries, green peas, and mashed potatoes.
- ☐ **räkmacka:** open-faced shrimp sandwich on rye
- ☐ **kanelbullar:** cinnamon bun
- ☐ **Gravlax:** salt-cured salmon with mustard-dill sauce
- ☐ **Cloudberry**



Under Kastanjen in Gamla Stan
Swedish meatballs \$24
daily lunch \$27

