



Amsterdam

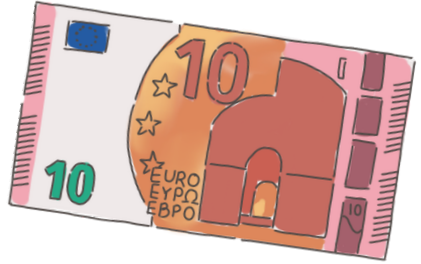
August 20-23

Basics

Euro

~1 USD = €0.875 (or €1 = \$1.14)

- \$10 ≈ €8.75
- \$50 ≈ €43.75
- \$100 ≈ €87.50



Hello **Hallo / Dag. (Hah-low / Dahkh)**

Thank you **Dank je wel (Dank yuh vel)**

Goodbye **Tot ziens (Tot zeens)**

Public Transit (GVB — Gemeentelijk Vervoerbedrijf)

- 1-hour ticket: €3.40
- 1-day pass: €20.00 (2026 pricing)
- 2-day pass: €27.00

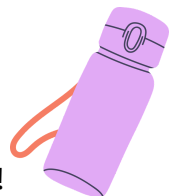
3-day pass: €34.00

Tipping: Customary but not mandatory. A tip of 5–10% is standard at restaurants with table service, and locals often round up the bill. At fine dining restaurants, closer to 10% is appropriate. Cafes and casual spots: rounding up or leaving coins is common.



Get some cash out!
Some places are cashless.

Bring a water bottle.
Restaurants will charge!



Itinerary

Thursday, Aug 20

Arrive at 9:35am (Drop bags at the hotel)

Albert Cuyp Market (herring, kibbeling, poffertjes)

Walk through De Pijp and Sarphatipark

Evening boat tour

Friday, Aug 21

- 9:45am Anne Frank House!!!
- Cheese Museum
- Explore Jordan neighborhood
- Waterlooplein Flea Market
- Movie night

Saturday, Aug 22

- Noordermarkt
- Lindengracht Markt
- NDSM

Sunday, Aug 23

10:25am flight home

Thursday, Aug 20

9:35-11:00am: Arrive, collect luggage, and travel to Volkshotel

11:00-11:30am: Drop bags at the hotel

Lunch: Explore **Albert Cuyp Market** (herring, kibbeling, poffertjes)

Thursday through Saturday from approximately 9:30am to 5:00pm

Walk through **De Pijp and Sarphatipark**

4:00pm: Check in

start walking at 6pm at the latest (30 min walk)

6:45 meet at Museumbrug

Departure is in front of the Rijksmuseum. Look for our crew in pink clothing and flags with Flagship and Captain Jack. The captain will be wearing **pink**.

7pm Boat tour (90 min) ★



Use the **Badplaats rooftop spa**

Evening: Indonesian or Surinamese dinner in De Pijp

- **Roopram Roti**, for Surinamese-Hindostani roti (after 1pm)
- **Tjin's Toko**, Surinamese-Chinese snacks and prepared foods



Friday, Aug 21

Anne Frank House



Use Metro 52 from De Pijp to Rokin, then walk through Dam Square toward the Anne Frank House.

Amsterdam Cheese Museum at Prinsengracht 112.

Explore the Jordaan

- Prinsengracht and Brouwersgracht
- The small streets around Egelantiersstraat
- The Nine Streets
- Independent shops and cafés
- Haarlemmerstraat (charity shop)

Lunch

- Café de Tuin for bitterballen in a classic brown café
- Fabel Friet on Runstraat for Dutch fries with mayo
- Frens Haringhandel at Koningsplein for herring with onion and pickle

2pm Electric Ladyland



Waterlooplein Flea Market - Daily (Mon-Sat); the classic Amsterdam flea market for vintage clothing, books, curiosities, great for vintage finds, quirky art, and used books.

open-air film at H'ART Museum



Sentimental Value

8:00pm to approximately 11:45pm.

Doors open at 8pm.

Movie starts 5 minutes after sunset.



Saturday, Aug 22

Noordermarkt (Saturdays 9am– 4pm)

food, antiques, bric-a-brac, vintage, and handmade goods, Organic food market + flea market on the square; one of Amsterdam's finest

Lindengracht Market: Jordaan (food market) Open 9:00–17:00,

Koffiehuis Amsterdam's second-hand shop at Haarlemmerstraat 146-H

Walk east along Haarlemmerstraat toward Amsterdam Centraal. This is a pleasant route with small shops, cafés, and canal views.

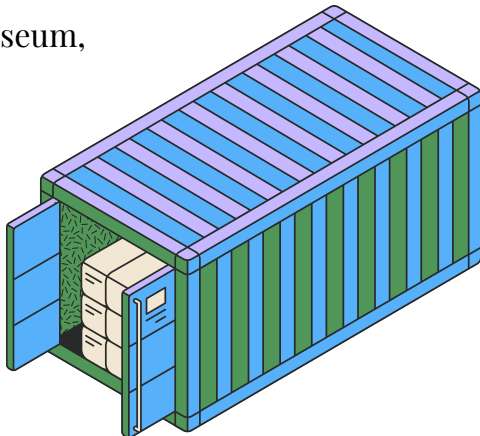
From the ferry docks behind Centraal, take the free F4 ferry to NDSM-Werf. The crossing takes under 15 minutes, and pedestrians do not need a ticket.

Explore NDSM

former shipyard's public art, giant industrial spaces, waterfront, and creative community

Lunch at P!lek, (bitterballen, vegetable-forward food, and a relaxed waterfront setting) or Noorderlicht, for kibbeling, croquettes, and a more casual café atmosphere

Consider STRAAT Museum,



My Must Dos

- ☐ Anne Frank Museum!
- ☐ Explore Jordaan neighborhood
- ☐ Waterlooplein Flea Market
- ☐ Noordermarkt (Saturday morning!) Organic food market + flea market on the square; one of Amsterdam's finest
- ☐ Lindengracht Markt, Jordaan, Amsterdam (food market) Open 9:00–17:00,
- ☐ Dutch Resistance Museum
- ☐ Our Lord in the Attic
- ☐ NDSM



- ☐ **Haring (raw herring)** — a true Dutch street food tradition, eaten whole with raw onions and pickles at a herringcart
- ☐ **Stroopwafel** — thin waffle cookies sandwiched with caramel syrup; incredible when warm from a market stall
- ☐ **Bitterballen** — crispy, deep-fried beef ragout bites, the quintessential bar snack
- ☐ **Poffertjes** — tiny, fluffy mini-pancakes served with butter and powdered sugar
- ☐ **Indonesian/Surinamese food** — due to its colonial history, Amsterdam has outstanding Indonesian (*rijsttafel* rice table) and Surinamese cuisine that is genuinely world-class
- ☐ **Frites (patat) with mayonnaise** — Dutch fries are thick, crispy, and best enjoyed from a street cone with traditional mayo or *oorlog* sauce

□



Herring	Albert Cuyp Thursday or Lindengracht Saturday
Stroopwafel	Albert Cuyp or a central bakery stall
Bitterballen	Café de Tuin Friday or PLeek Saturday
Poffertjes	Albert Cuyp Thursday or Saturday
Indonesian Surinamese	Roopram Roti or Tjin's in De Pijp
Dutch fries	Fabel Friet in the Jordaan or near Waterlooplein
Cheese	Amsterdam Cheese Museum and Noordermarkt

